

The Bristol Stool Chart

Adapted from the Bristol Stool Scale (Heaton et al 1992)

Type 1



Separate hard lumps, like nuts (hard to pass)

Type 2



Sausage-shaped but lumpy

Type 3



Like a sausage but with cracks on its surface

Type 4



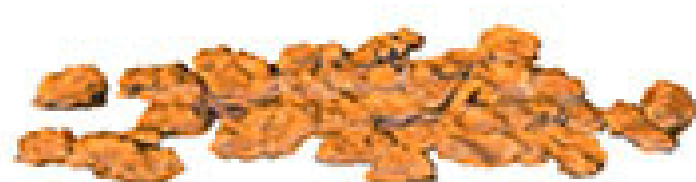
Like a sausage or snake, smooth and soft

Type 5



Soft blobs with clear cut edges (passed easily)

Type 6



Fluffy pieces with ragged edges, mushy stool

Type 7



Watery, no solid pieces.
ENTIRELY LIQUID